 Premier Pas menus**: July 2020** 

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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  | **1**  **Closed** | **2**  **Cheese and spinach cannelloni**  **Veg and dip** | **3**  **Roasted chicken thighs**  **potato and carrots**  **Veg- tofu** |
| **6**  **Cheese ravioli rosé**  **Garden salad** | **7**  **Beef stew**  **Bun**  **Veg- veggie stew** | **8**  **Pea soup**  **Bagel with cream cheese**  **Cucumber slices** | **9**  **Salmon Paella** | **10**  **Chicken brochettes**  **Pita and tzatziki**  **Greek salad**  **Veg- falafel** |
| **13**  **Meat lasagna**  **Garden salad**  **Veg- lasagna** | **14**  **Shepherds pie**  **Tomato and cucumber salad**  **Veg- veggie ground** | **15**  **Lentil soup**  **Turkey sandwich**  **Carrots and dip**  **Veg-** | **16**  **Chicken parmesan noodles**  **Ceasar salad**  **Veg- tofu** | **17**  **Salisbury steak**  **Roast potato and carrots**  **Veg- vegetarian burgers** |
| **20**  **Macaroni and cheese**  **Garden salad** | **21**  **Filet of sole**  **Veggie rice**  **Veg- tofu** | **22**  **Minestrone soup**  **Croissant with cheese**  **Cucumber slices** | **23**  **Shake and bake chicken**  **Veggie rice**  **Veg- Tofu** | **24**  **Sloppy joe’s**  **Oriental salad**  **Veg- veggie ground** |
| **27**  **Meatballs**  **Veggie rice**  **Veg- veggieballs** | **28**  **Bean and barley soup**  **Tuna sandwich on whole wheat**  **Veg and dip** | **29**  **Chicken a la king**  **Greek salad**  **Veg- veggie dogs** | **30**  **3 Cheese lasagna**  **Garden salad** | **31**  **Turkey**  **potato and corn**  **Veg- tofu** |