 Premier Pas menus**: July 2020** 

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  | **1****Closed**  | **2****Cheese and spinach cannelloni** **Veg and dip**  | **3****Roasted chicken thighs****potato and carrots****Veg- tofu** |
| **6****Cheese ravioli rosé** **Garden salad** | **7****Beef stew****Bun****Veg- veggie stew** | **8****Pea soup****Bagel with cream cheese****Cucumber slices** | **9****Salmon Paella** | **10****Chicken brochettes****Pita and tzatziki****Greek salad****Veg- falafel** |
| **13****Meat lasagna****Garden salad****Veg- lasagna** | **14****Shepherds pie** **Tomato and cucumber salad****Veg- veggie ground** | **15****Lentil soup****Turkey sandwich****Carrots and dip** **Veg-** | **16****Chicken parmesan noodles** **Ceasar salad****Veg- tofu**  | **17****Salisbury steak****Roast potato and carrots****Veg- vegetarian burgers** |
| **20****Macaroni and cheese****Garden salad** | **21****Filet of sole****Veggie rice** **Veg- tofu** | **22****Minestrone soup****Croissant with cheese****Cucumber slices** | **23****Shake and bake chicken****Veggie rice****Veg- Tofu** | **24****Sloppy joe’s****Oriental salad****Veg- veggie ground** |
| **27****Meatballs****Veggie rice** **Veg- veggieballs** | **28****Bean and barley soup****Tuna sandwich on whole wheat****Veg and dip** | **29****Chicken a la king****Greek salad****Veg- veggie dogs** | **30****3 Cheese lasagna** **Garden salad** | **31****Turkey** **potato and corn****Veg- tofu** |